

# Menus for March 2019

## Crane, Fyle Leary & Winslow Schools Lunch Menu & Info

This institution is an equal opportunity provider. Menus are subject to change.



### Friday, March 1

- \*\*NEW ITEM\*\***
- \*Jamaican Beef Patty
- \*Tuna Salad Sub
- Sides**
- Tasty
- Green Beans
- Diced Peaches
- Fantastic
- Fresh Fruit
- Tossed Salad

### Monday, March 4

- \*Cheese Stuffed Crust Pizza
- \*Turkey & Cheese on Pretzel Roll
- Sides**
- "Hash Tag"
- Sweet Potato Fries
- Tomato Soup
- Mixed Fruit
- Fresh Fruit
- Tossed Salad

### Tuesday, March 5

- "NEW ITEM"**
- \*Breaded Chicken Drumstick
- Corn Bread
- \*Tuna Salad Sub
- Sides**
- 100% Fruit Juice
- Fresh Steamed Broccoli
- Applesauce Cup
- Fantastic
- Fresh Fruit
- Tossed Salad

### Wednesday, March 6

- "Brunch for Lunch"**
- \*Mini Pancakes in a Bag
- Pork Sausage Patties
- \*Fish on a Bun**
- \*Ham & Cheese on Whole Wheat
- Sides**
- Golden
- Hash Brown Patty
- Warm Apples
- Fresh Fruit
- Tossed Salad

### Thursday, March 7

- \*Italian Rotini Pasta Meatballs (beef)
- Garlic Bread
- \*Deli (bologna) on Whole Wheat
- Sides**
- 100% Fruit Juice
- Tasty
- Green Beans
- Diced Peaches
- Fantastic
- Fresh Fruit
- Tossed Salad

### Friday, March 8

- \*\*"Juicy"**
- Cheeseburger on a Bun
- \*Crispy French Fries
- \*Fish on a Bun**
- \*Roasted Chicken Salad Wrap
- Sides**
- Baked Beans
- Diced Pears
- Fantastic
- Fresh Fruit
- Tossed Salad

The original value meal & still a fantastic deal!

### Breakfast

### Lunch

**\$1.70** 1.70

**\$2.40** \$2.70

Elementary Secondary

Elementary Secondary

Get in touch with us today to learn more about free and reduced-price meals in our district: 359-5388 or kstetter@rhnet.org

**AVAILABLE DAILY**

Choose One

- \*Entrée of the Day
- \*Sandwich of the Day, \*PBJ
- \*Build your own yogurt plate
- Monday Wednesday Friday**
- Hamburger on a Bun**
- Tuesday & Thursday**
- Hot Grilled Chicken Patty on a Bun**
- Assorted Milk with all meals**

## OFF THE CLOCK.

A clock can't always tell you when it's time for breakfast! Eat at home, before you start your day. Or eat when you get where you're going. Or eat something mid-morning. Research even suggests kids learn and feel better when they eat TWO smaller healthy breakfasts.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

## Spring Forward



**Sunday, March 10**

## PREPAYMENT OPTIONS

You may prepay for breakfast, lunch & snacks by giving the cashier Cash or Check. Or use Visa or MasterCard, credit/debit card or e-checks by calling 866-727-3053 Or log on to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com)

If you need your child's Student number to set up a new account on My Payments Plus please call 359-5388.

### Monday, March 11

**\*\*Big Daddy's\***  
Primo  
Cheese Pizza  
**\*Turkey & Cheese**  
on Loco Bread  
**Sides**  
Fresh Steamed Broccoli  
Mixed Fruit  
Fantastic  
Fresh Fruit  
Tossed Salad

### Tuesday, March 12

"Popcorn Smackers  
Warm Roll  
**\*Tuna Salad Sub**  
**Sides**  
100% Fruit Juice  
Oriental Blend Vegetables  
Mandarin Oranges  
Fantastic  
Fresh Fruit  
Tossed Salad

### Wednesday, March 13

**"Brunch for Lunch"**  
**\*French Toast Sticks**  
with Syrup  
Pork Sausage Patties  
**\*Deli (bologna) On WW**  
**Sides**  
Fresh Baby Carrots  
Honey Glazed Carrots  
Warm Apples  
Fresh Fruit  
Tossed Salad

### Thursday, March 14

**"Nacho Grande"**  
**\*Mexican Taco**  
On Nacho Chips (beef or pork)  
With Trimmings  
**\*Ham & Cheese** on WW Pretzel Roll  
**Sides**  
100% Fruit Juice  
Sunshine Corn  
Diced Peaches  
Fresh Fruit  
Tossed Salad

### Friday, March 15

**"NEW ITEM"**  
**\*Waffle Battered**  
Chicken Fritters  
Warm Dinner Roll  
**\*Fish on a Bun**  
**\*Turkey Cheddar**  
Wrap  
**Sides**  
Baked Beans  
Tomato Soup  
Berry Cup  
Fresh Fruit  
Tossed Salad

### Monday, March 18

**\*\*Breaded Chicken**  
Patty on a Bun  
**\*Deli (bologna) on WW**  
**Sides**  
Hot Mixed Vegetables  
**Emerald Pears**  
Fantastic  
Fresh Fruit  
Tossed Salad  
**Ice Cream cup**  
with  
**All Meals today**

### Tuesday, March 19

**\*\*Zweigle's\***  
Hot Dog on a Roll  
Texas Chili  
Turkey & Cheese on Whole Wheat  
**Sides**  
100% Fruit Juice  
Fresh Steamed Broccoli  
Side Kick  
Fantastic  
Fresh Fruit  
Tossed Salad

### Wednesday, March 20

**\*Personal Pan**  
Cheese Pizza  
**\*Ham & Cheese**  
Sub  
**Sides**  
Fresh Baby Carrots  
Pineapple Tidbits  
Fantastic  
Fresh Fruit  
Tossed Salad

### Thursday, March 21

**\*Mozzarella Sticks**  
With Sauce  
Pasta (rotini) with Sauce  
**\*Turkey Cheddar**  
Wrap  
**Sides**  
100% Fruit Juice  
Texas Caviar  
Mixed Fruit  
Fantastic  
Fresh Fruit  
Tossed Salad

### Friday, March 22



**No School Today**

### Monday, March 25

**\*Popcorn Chicken**  
**\*Smackers**  
Southern Biscuit  
**\*Deli (bologna) on**  
Whole Wheat  
**Sides**  
Fresh Steamed Broccoli  
Applesauce Cup  
Fantastic  
Fresh Fruit  
Tossed Salad

### Tuesday, March 26

"Cheese Meatloaf on a Bun  
Crispy Onion Rings  
**\*Ham & Cheese**  
on Whole Wheat  
**Sides**  
100% Fruit Juice  
Green Peas  
Pineapple Tidbits  
Fantastic  
Fresh Fruit  
Tossed Salad

### Wednesday, March 27

**"Nacho Grande"**  
**\*Mexican Taco**  
(beef or pork)  
on Nacho Chips  
With Trimmings  
**\*Roasted Chicken**  
Salad Wrap  
**Sides**  
Refried Beans  
Mixed Fruit  
Fantastic  
Fresh Fruit  
Tossed Salad

### Thursday, March 28

**\*Cheese or**  
White Garlic Pizza  
**\*Turkey**  
Cheddar Wrap  
**Sides**  
100% Fruit Juice  
Sweet Potato Fries  
Tomato Soup  
Diced Pears  
Fantastic  
Fresh Fruit  
Tossed Salad

### Friday, March 29

**\*Baked Pasta**  
with Meaty Sauce  
Warm Breadstick  
**\*Fish on a Bun**  
**\*Tuna Salad Sub**  
**Sides**  
Tasty  
Green Beans  
Diced Peaches  
Fantastic  
Fresh Fruit  
Tossed Salad

ST. PATRICK'S DAY



**MARCH 17**

Follow a Rainbow to a Pot o' Gold!

MANY MOONS

Native Americans had special names for every full moon of the year. One name for this month's full moon is the "Full Crust Moon," because by March snow cover is melting during the day and re-freezing and crusting over by night.